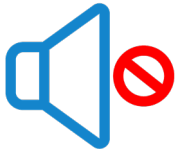




I can't do my telemedicine visit because ...

I can't find a private or quiet place for my appointment.



What does this mean?

Find a place for your telehealth appointment that is quiet so you can hear your physician and he or she can hear you.

This will reduce distractions and interruptions, making your appointment more productive.



Who can help me?

- Your family
- Your friends
- Your place of work
- Your neighbor
- Your local faith-based center
- Your community center
- Your [Family-to-Family Health Information Center](#)
- Your child's school



What are my next steps?

- Ask a close friend or family member to watch children not being seen by the doctor.
- Find that quiet place in your home or community. Here are some ideas:

At home: home office, bedroom, bathroom, garage, back porch, front porch, car (parked)

At work: office with a door, conference room, your car (parked)

At a neighbor's: back porch, front porch



Where can I learn more?

Go view:

- [Family Voices' Nuts and Bolts of Telemedicine Webinar: Do You Have a Device?](#)

Check out:

- [Tips for a Successful Telehealth Visit](#) - fact sheet
- [Preparing for a Successful Telehealth Visit](#) - worksheet